

**RAAF Vietnam Veterans
Association (Vic)**
and
Air Force Association (Vic)
Vietnam Veterans Branch



NEWSLETTER

June 2016

www.raafvva.org.au
www.raafavic.org.au

NEWSLETTER of RAAFVVA and Air Force Association VV Branch

The official journal of RAAF Vietnam Veterans Association (Vic), a Sub-Branch of the VVAA Vic Branch Incorporated
(Reg. No. A0029247G. ABN 34 750 672 219)
and RAAF Association (Vic Div) Vietnam Veterans Branch – (ABN 96 091 342 304)

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VETERANS' CENTRES SUPPORTED BY RAAFVVA and Air Force Association (Vic)

Western Suburbs Veterans and Services Centre	Phone (03) 9746-9582	Fax (03) 9746-9583
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EDITOR: RAAFVVA and RAAFA (Vic Div) VV Branch Committees

PUBLISHER: Geoff Rose

PRESIDENT'S REPORT

Hi to everyone!

I have just returned from an overseas trip to catch up with family and as always in these circumstances; I am thankful that I live in Australia! Perhaps everyone needs a dose of overseas now and then to really reconcile the perceived 'problems' at home.

However, bad coffee aside, it was interesting to note that in the USA, veteran matters being discussed were very similar to those in Australia. This was particularly so with veterans from the recent conflicts, i.e. Afghanistan etc. Inadequate resources for counselling and the like were reminiscent of discussions that we are all very familiar with, and I suppose, go to emphasise that in some areas governments are very slow to learn. Purely as an outsider overseas relying on media reports, I think we should be thankful of the dedicated DVA staff we have at home!



It is interesting to note the various State Reports from the National Vietnam Veterans meeting that were distributed recently. Once again, the Victorian President and his committee have demonstrated an impressive programme, some already completed this year and much still to come, which completely overshadows that from the other States.

As part of the 2016 Long Tan commemoration events there will be a special Vietnam Veterans Day in Melbourne. In the words of Bob Elworthy:-

"Vietnam Veterans Day will include a gunfire breakfast, march along St Kilda Road to the Melbourne Shrine of Remembrance where a re-enactment of the placing of the Long Tan Cross will be conducted. A white cross with flag and poppy for the 521 who paid the ultimate sacrifice, will be placed on the lawns of the Shrine and the Victorian Children's Choir will perform. The Governor of Victoria will deliver the keynote address.

Thirty-eight large banners advertising Vietnam Veterans Day 2016 will be hung from poles from Federation Square along St Kilda Road to the Shrine from 1st to 18th of August. The banners will be given to each sub-branch and the museum afterwards."

This and other events are still to come, so when you can, become part of them!

Good health.

Gareth Davis

President
RAAFVVA
AFA VV Branch

SECRETARY'S SNIPPETS

Hi all,

Great weather for ANZAC Day, our first good day for a while. A significant day as Vietnam veterans led the March. RAAFVVA turnout was the best we have had for a number of years with some 50 marchers. RAAFVVA was led by Past President Nick LeRay-Meyer AM and current President Gareth Davis. Great to see all turn up. Well Done to WOD Ron Douglas once again for keeping us in step right behind a very good band.

Lunch was a little different at Orient East Restaurant this year with some feedback suggesting that catering was down on the norm. Your committee will investigate and hopefully improve on the menu for VV Day. It is the closest venue to the Shrine of Remembrance that suits our needs and is relatively good price wise.

Good to see Bob Greenwood back on his feet, also Chick Mercieca and all the Lynch mob. We extend our healing thoughts to Ellen Scully, and President Gareth Davis, who recently returned to Australia with a monstrous dose of something he caught in Europe! Great to catch up with Les Pascoe all the way from Echuca and great also to catch up with Pimba (Hugh) Williams.



We are all aging, so if you are in need of someone to talk to re your health, don't hesitate to contact myself or any of our welfare officers who are listed earlier in this Newsletter.

For VV Day this year we commence with the Gunfire Breakfast at 0930-1030 - NOW BEHIND THE POLICE MEMORIAL ON ST KILDA ROAD. We form up at the Police Memorial at 10.30 with step off at 11.00. I will have further info as it comes to hand.

We will have our Wreath laying ceremony at our Plaque prior to the main ceremony at approximately 10.15. See the VVAA's VV DAY Flyer on next page.

All for now.

Rick Holmes
Secretary

Can you help Stephen Porter locate his ex RAAF mate?

Phillip Reginald Newey was born in Drummoyne, NSW, almost 70 years ago. He served in the RAAF and was a General Hand with 2 Squadron in Vietnam from March '67 to Jan '68.

If any of you can be of assistance, or know anyone else who would be able to help, please give Stephen a call on: **0413 911 332**

NOTICE BOARD



VIETNAM VETERANS ASSOCIATION VICTORIAN BRANCH



Vietnam Veterans Day Remembrance Ceremony **Thursday 18th August 2016** **Melbourne Shrine of Remembrance**

- ♦ **50th Anniversary of the Battle of Long Tan.**
- ♦ **50th Anniversary deployment of the 1st Australian Task Force to Vietnam.**

- 0930 - 1030 hrs ***Gunfire Breakfast***
Behind Police Memorial.
- 1030 hrs Marchers Form up at
Police Memorial, St Kilda Rd
- 1100 hrs March Step Off followed by
Official Commemoration
Service.
- 1215 hrs Formalities conclude - "Brew
Truck" behind Shrine Flags.

Enquiries to VVAA Vic State Office
VV Day Coordinator
Maurie Benson
Telephone 0417 588 886
Email: office@vvaavic.org.au

VIETNAM VETERANS DAY is a day for all to remember and commemorate lives lost during Australia's involvement in the Vietnam War 1962 - 1975 and those who continue to suffer as a result of the War.

The 50th Anniversary of the Battle of Long Tan will be commemorated with a special VV Day service at the Melbourne Shrine. All Vietnam veterans, families and friends are invited to attend.

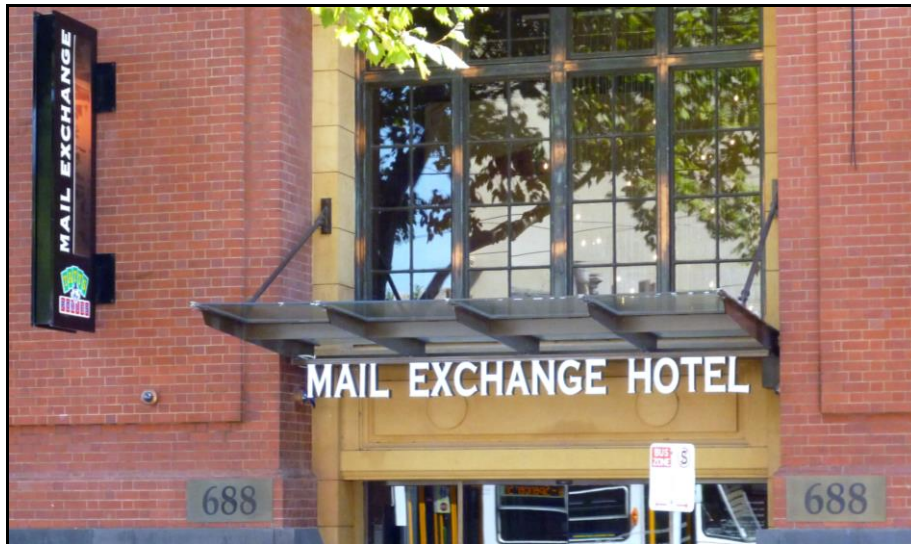
Lest we Forget



Honour the Dead but Fight Like Hell for the Living

Monthly Luncheon

Next monthly luncheon is planned for **Wednesday, 15th June, 2016** at the Mail Exchange Hotel - 688 Bourke Street, City, (corner of Bourke and Spencer St's).



Generally, our monthly luncheons are planned for the third Wednesday of each month. However, dates, and any changes, will be posted on our website blog as soon as available.

Interested in purchasing a RAAFVVA Polo Shirt?

Some years ago, Brendan Lynch initiated the production of a number of Polo Shirts, as pictured below. Is it time to do a re-run? Depending on numbers interested, Brendan is willing to follow up with the original supplier to see if more can be produced.



Please email Rick Holmes (rickh12@bigpond.com) with the number you would require. Cost will be determined by numbers produced.

Going overseas? Our member, Dan Nebauer, offers discounts to current and ex ADF members. Dan specialises in Asian travel, but his experienced staff can cater for all your international or domestic travel needs.

CHINA TIBET MONGOLIA TAIWAN BHUTAN
BURMA LAOS VIETNAM CAMBODIA BORNEO
JAPAN PHILIPPINES THAILAND MALAYSIA
NEPAL SRI LANKA MALDIVES INDIA KOREA

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Don't forget to ask Dan about the 10% discount they offer to all serving or retired members of the Australian Defence Forces.

*Dan served in the RAAF for 25 years, including a tour of duty with 35 SQN 'Wallaby Airlines' Vung Tau from '67 to '68.





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Gold Card Holders are entitled to clinically necessary treatment covered by DVA's health care arrangements for all health conditions.

White Card Holders are entitled to clinically necessary treatment for an accepted disability ie: an injury or disease accepted by DVA as caused by war.

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OUT AND ABOUT

ANZAC DAY 2016

As part of the Battle of Long Tan 50th Anniversary commemorations, Vietnam veterans were granted the honour of leading this year's Anzac Day Parade through Melbourne. South Vietnamese veterans were also recognised, and for the first time, marched directly behind their Australian counterparts. It was a proud day for our veterans of the Vietnam War, who, behind their individual banners, marched as one group towards the Shrine.

Crowd sizes for last year's 100th Anniversary of Anzac were exceptional, so no surprise to see fewer spectators this year. However, it was still an above average number who lined St Kilda Road to display their enthusiasm and appreciation for the veterans marching past. And, would you believe, for the first time in many years, nobody complained about the weather – the max temperature of 24 degrees was perfect!

RAAFVVA Banner was the focal point for gathering at our new form-up point in Swanston Street.



Above, Lindsay Fankhauser, and Neil (D.I.) Boulton, 'do the honours' with the Banner, while, hands in pockets, President Gareth Davis, with Graeme Dodd and Lee Scully, two past Presidents, discuss the positioning of their members.

It was great to see more than 50 members arrive for the earlier than usual step-off time of 0920. Of course, with Vietnam Veterans at front of the parade there was less opportunity for delay to our step-off time and less hold ups along the way. RAAFVVA was lucky to be positioned behind an Army band, so that helped to keep us in step. Everything went so smoothly that we found ourselves at the Shrine and disbanding by 1000 hrs!

Usual arrival at the Shrine is around midday, and times perfectly with our planned after-march, reunion lunch. The early finish this year created a slight problem, as covered later in this article.



'Pimba' Williams didn't quite know whether to believe Neil Morgan when he said the bloke in the hat is "John Smith". BTW: the yellow banner at right in this pic is that of the Vietnamese Veterans Association of Victoria, whose members, most wearing their military uniforms, marched proudly as part of the overall Vietnam Veterans group.



'Chick' Mercieca and Les Pascoe chatted.



Pieter Jongkryg and Lindsay Fankhauser posed.

Nick LeRay-Meyer AM led the RAAF Contingent on this special anniversary, followed by RAAFVVA/AFA VV Branch President, Gareth Davis and Secretary, Rick Holmes. Banner bearers were Geoff Rose and Neil Boulton. Our Vice President, Chris Hudnott, was a guest commentator for the ABC and provided informative comment on RAAF units during the live telecast. Unfortunately, there was a sound failure, just as the RAAFVVA was marching past.



Nick is not attempting to lead us 'off the rails', it just so happens he has reached the point to turn off St Kilda Rd and head towards the lead-up to the Shrine.



A Marshall was stationed to ensure nobody passed, so we wheeled around the corner, and followed Nick. Note the lighted "GO DONSI!" sign, strategically positioned to show support for the 'Mighty Bombers' in the upcoming Anzac Day clash against Collingwood at the MCG. (No, actually the sign read "GOLD COIN DONATION"; still illuminated since the gunfire breakfast, after the Dawn Service.)

Now, as previously mentioned, finishing the march earlier than usual, did create a slight problem with our after-march social arrangements. Due to the close proximity of our chosen venue, it did not take long for members to make their way back across St Kilda Rd to the Seasons Hotel.

Everyone was hungry and more than a little thirsty after such strenuous activity in the morning. Fifty members, family and friends eagerly gathered in the dining room, only to learn that the Hotel's Alcohol Licence did not come into effect until 1200 hrs!

What to do? Well, what would any self-respecting ESO do?

We sold raffle tickets! Fortunately, Gill Coughlan had donated a wonderful boxed pack of two bottles of Commemorative Port from the "Snow Coughlan Collection". At \$5 a ticket it was a prize of great value. Money raised has gone to our Welfare Fund.



Rick Holmes outside the entrance to our dining room, selling raffle tickets for the special port.



Or, you could just wait, read a magazine, check your phone, or talk with your mates.



Actually, you'd be surprised what can be discussed around a round table while, sipping glasses of water.

When you think about it, it didn't really take that long before the bar was open! No pushing!



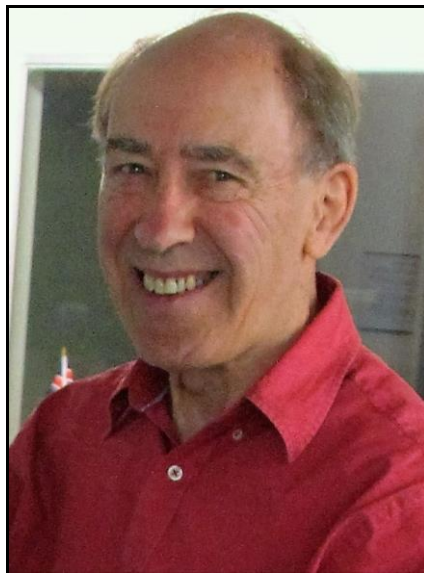
How come Max was first?

So, who was the lucky winner of the raffle?



None of the above happy chappies. These ex 9 Sqn members were just there for a good time.

The winner was Vice President, Chris Hudnott.



All in all, it was a good day. Very pleasing to see so many were able to attend the ANZAC Day March during this 50th Anniversary year of the Battle of Long Tan. Don't forget though, only a couple of months and it will be the special 50th Anniversary Vietnam Veterans Day. Your Day.

Page 5 of this newsletter has a copy of VVAA Vic's planned activities for the day. No doubt, RAAFFVVA will arrange the usual reunion lunch, so if you are able, please try to make at least one of these activities. Remember, if you can't be there this year, it will be another 50 years before the next major Vietnam anniversary.

DID YOU KNOW



The Veteran Community Story Writing & Art Competition (SWAC) 2016

Patron: Maj Gen David J McLachlan AO

☎ 9496 2290 or (Country) 1800 134 864

ELIGIBILITY

The following members of the ex-service community **residing in VICTORIA** are eligible to enter the competition:

1. Current and ex-service personnel of the Australian Defence Forces.
2. Ex-service personnel of countries that were allied to Australia during past war or war-like conflicts.
3. Veterans of Australian Peacekeeping or Peacemaking Missions.
4. All spouses, widows and widowers, children and grandchildren of the above aged 18 years & over.
5. Children who are Department of Veterans' Affairs beneficiaries; this includes Veterans' Children Education Scheme recipients.
6. The work of a deceased member of the ex-service community may be entered by family or a friend (acknowledging the name of the original artist/author).

OPENING DATE

Wednesday 1 April

CLOSING DATE

Friday 29 July

DELIVERY OF ART ENTRIES

23 - 25 August
Between 10am and 3pm

Enquiries to SWAC Coordinator

☎ 9496 2290

Email to: swac@austin.org.au

Post to: Story Writing & Art Competition

PO Box 5444

Heidelberg West 3081

Thought you might enjoy these words from a retired Army Officer

"Salts, Blue Orchards and Us.



There has always been rivalry between all three military services but as for me, I now wave a flag of truce as I reflect on days gone by in peace and war. There are so many memories, the reliable and beloved Huey helicopter, the seemingly vulnerable Spartan patrol boats and then of course, those magnificent aircraft, the Caribous which always seemed to be here, there and everywhere.

How many times did we wait, resting at a rarely used remote airstrip, dirty, tired and eager to be gone from the bush? Listening for the familiar sounds of our saviour, the Caribou, which would soon take us back to our base where there would be hot showers, food and then some leave to do what soldiers like to do best and often. Suddenly there is the familiar drone of aircraft engines and a stirring restlessness spreads through the waiting group as diggers prepare to move.

The great relief as the now crowded Caribou becomes airborne and claws for height, yet seems still to be labouring with its load, banging, clattering and shuddering. In its thin metal belly, old soldiers doze and dream of what they might do; young ones shout above the deafening motors as they yarn and boast of their exaggerated intentions on leave.

The Caribou was very much part of our life on deployments in OZ or overseas. I can still recall the welcome airdrops of rations in New Guinea and forgave the RAAF crew returning to Lae for showers, hot meals and luxury living. (Forgiveness was only temporary)

There was the time in Vietnam when a mate and I spotted a Caribou with a Kangaroo proudly displayed on the fuselage preparing to land on our short improvised air strip. It had been awhile since we had seen fellow Aussies and better still, they had good old Bushels tea leaves aboard. It was then I began to realise the RAAF despite its bad habits of insisting on luxury and countless rules and regulations was not to be ignored. It was also that day when a lifetime friendship with one of the pilots began.

I often think of the many Navy and RAAF I shared drinks with and will always hold in high regard as comrades in arms. Jack Lynch and David Marlin immediately come to mind. That's a major problem as we age; recognising such efforts and becoming sentimental about Navy and RAAF bastards we served with. I'll have to toughen up."

"Those Magnificent Caribou and Crew" - For old warriors such as David Marlin and Jack Lynch

I'm sure you recall those lumbering slow Caribou
In peace and war flying in support of me and you
Cramped, noisy, rattling, shuddering and no hostess in such planes
In headwinds it seemed you were going back from where you came
Touching down on a muddy air strip the size of a postage stamp
Daring take offs and landings in darkness with the aid of bright lamps
Carrying soldiers, ammo, stores and even live food
Welcome relief for distant outposts which caused good mood
News from home and precious OZ tea leaves always part of the job
Such thoughtful Caribou crews were most appreciated by our mob
Oh, there were times airdrops would come crashing from above
After cursing, a crumpled note is found; "From the RAAF with love"
History clearly records no matter when or where, they stood the test
Thanks Wallaby Airlines, you were bloody bonzer and the very best

George Mansford, October 2014



HEALTH and WELFARE



Men's Health Peer Education? What is Men's Health Peer Education?

The Men's Health Peer Education (MHPE) program raises awareness about men's health issues and encourages men to share responsibility for their own health and wellbeing. The program began in 1999 as a result of the Vietnam Veterans' Health Study revealing a higher rate of health issues among Vietnam Veterans. The program operates across all Australian states and territories, through a network of trained volunteers working with the veteran and ex-service community.

The Men's Health Peer Education website (www.dva.gov.au/mphe) provides:

- Volunteer Training information
- MHPE Volunteer Resource Manual
- Online MHPE Magazine
- Health Quiz
- Contact details for obtaining more information

Men's Health Peer Education Magazine

The latest issue of Men's Health Peer Education Magazine is available online or you can order a free copy of the magazine by completing the following order form and emailing it to DVA's men's health. The form can be printed from the DVA website

- D9058 - MHPE Magazine order form (PDF 120 KB)

The MHPE Magazine is published three times a year. Each issue covers a topical health theme with articles contributed by health professionals, DVA staff and MHPE volunteers.

Health quiz

To help you manage your health and wellbeing we have also developed a quick health quiz and health information guide. The quiz can be printed from the DVA website.

- D1302 - Take the quick quiz (PDF 231 KB)

MHPE Vic Coordinator Department Veterans' Affairs GPO Box 9998 MELBOURNE Vic 3001	General Enquiries: 133254 Reginal Callers 188 55 254	Website: www.dva.gov.au/mphe Email: MHPEVIC@dva.gov.au
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For Urgent Attention: New scam targeting DVA clients

DVA has been alerted by a Veterans' Home Care agency of a scam currently targeting veterans and war widows.

Apparently some clients have been telephoned and informed that a number of accounts for previous visits to their doctor, for blood tests or for various other providers, are not being covered by the Department. Allegedly, many of the details mentioned are accurate at the time of demanding payment.

Referred for information only.

Hadyn White
Executive Officer to the Deputy Commissioner NSW & ACT Department of
Veterans' Affairs
GPO Box 9998, SYDNEY NSW 2001
Telephone: (02) 9213-7773
Mobile: 0413 302 693

Ray Payne OAM

Veteranweb Network

raypayne@veteranweb.asn.au

The Veteranweb Network providing information to Australian veterans, ex-service and service personnel. Reaching more than 12,400 readers daily and growing.

All service and ex-service personnel can subscribe to the Veteranweb Network cost free. Information is provided via email from various reliable sources. Veteranweb is an information service, while it is not a forum you are welcome to contribute.

For information

From: Ray Payne
Sent: Saturday, April 23, 2016 12:23 PM
To: Ray Payne
Subject: FW: Articles of interest

G'day Ray,

I found out yesterday that if a GP orders an MRI for a DVA client, the GP must put ITEM No: 63560, in the Request section of the form and there will be no fee charged.

I knew that if a Specialist orders it there, is no charge, but never knew this.

Kind regards,

Shonky
0428 118 388
Advocate Level Four



Physical inactivity is the second greatest contributor, behind tobacco smoking, to the cancer burden in Australia.¹

What's it all about?

Being physically active and limiting your sedentary behaviour every day is essential for your health and well-being. This brochure presents Australia's Physical Activity and Sedentary Behaviour Guidelines for all adults aged 18 to 64 years, irrespective of cultural background, gender or ability. It also provides you with information about the benefits of being physically active, as well as tips and ideas for ways to move more every day.

More information about healthy living, including references to other Australian Government guidelines concerning healthy weight and healthy eating, can be found at www.health.gov.au

What is....

PHYSICAL ACTIVITY? – any activity that gets your body moving, makes your breathing become quicker and your heart beat faster. You can be physically active in many different ways, at any time of day.

SEDENTARY BEHAVIOUR? – sitting or lying down (except for when you are sleeping). It is common to spend large amounts of time being sedentary when at work, when travelling or during leisure time.

Move more, sit less, every day!

More than half of all Australian adults are not active enough. Source: Australian Bureau of Statistics (ABS) 2013. Australian Health Survey: Physical Activity, 2011-12. ABS Cat. No. 4364.0.55.004. Canberra: ABS.

1. Global Health Risks: Mortality and burden of disease attributable to selected major risks. World Health Organization, 2009.

What are the benefits?

Moving more and sitting less will...



Reduce your risk of, or help manage, cardiovascular disease (CVD).



Reduce your risk of, or help manage, type 2 diabetes.



Maintain and/or improve your blood pressure, cholesterol and blood sugar levels.



Reduce your risk of, and assist with rehabilitation from, some cancers.



Prevent unhealthy weight gain and assist with weight loss.



Build strong muscles and bones.



Create opportunities for socialising and meeting new people.



Help you to prevent and manage mental health problems.



Help you develop and maintain overall physical and mental well-being.



Did you know that higher levels of physical activity can help reduce your risk of some cancers and prevent unhealthy weight gain?



...and the more active I am, the more I will benefit.

THE PADRE'S PAGE

RISING ABOVE PAIN



Once again we have celebrated Easter and Anzac Day. The great reminders of suffering and pain. We are all subject to these two experiences. So, how do we deal with it when these experiences come to us?

How did Jesus rise above the physical agony on the cross in the way He did? Although we are dealing with a mystery here, I think it has something to do with the strength of Christ's spirit. His dedication to the task His Father had given Him, and the sheer selflessness of His being. We cannot be certain about it, but it seems that those qualities, although not a barrier against pain, enable one to rise above it.

Foxe's Book of Martyrs tells the story of many who went to the stake because of their refusal to deny Jesus Christ and endured the most horrific torture with amazing self-composure. How could they do it? I suspect that they, too, knew the strength of spirit, the commitment to the task and selflessness that characterised the life of our Lord.

Every nurse is aware of the difference between the patients who are sorry for themselves and those who are not. One writer says on this point, "The labour of the sick room is not measured simply by the gravity of the illness but by the temper of the sufferers. One class of patient is concerned that they are giving too much trouble while another class makes demands as incessant as they are trivial, and, whose struggle with

pain is made all the worse because they are sorry for themselves."

Although most nurses give themselves willingly to both classes of people, they are in no doubt whom they would rather serve.

I trust these few words will be a help to you next experience pain and suffering.

Wishing you every best wish and God's richest blessings to you and all your family and friends

As ever, George G

(Rev) George G. Ashworth, OAM RFD

VALE

WE WILL REMEMBER THEM



RAAFVVA and RAAFA VV Branch MEMBER

Keith James Palmer

2 Sqn – Apr 68 to Mar 69

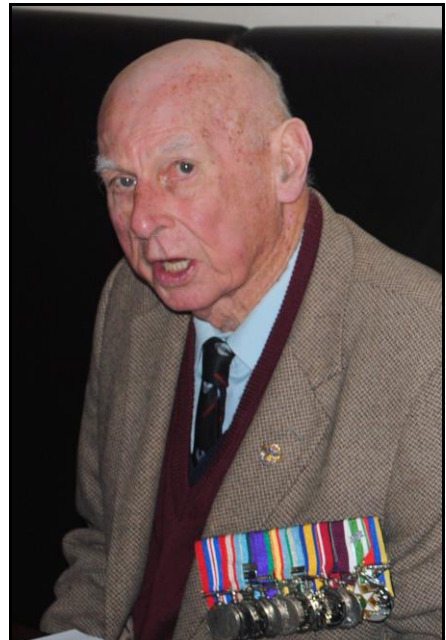
29th March 2016



Keith Palmer was one of our oldest members, having just celebrated his 90th Birthday on 22nd November, last year.

He enlisted in the RAAF as a Carpenter during WWII and served until the end of the War.

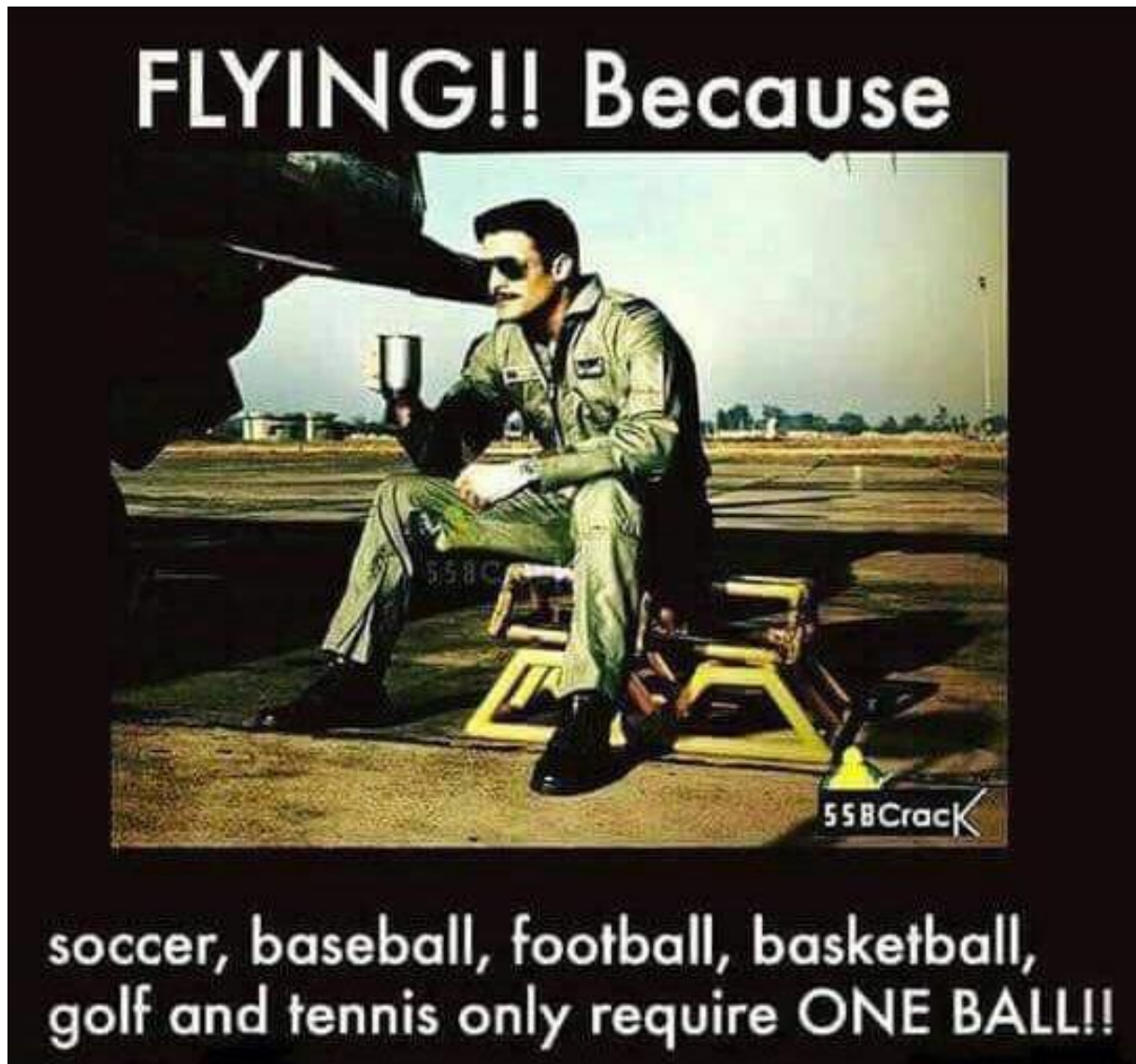
Keith joined the RAAF again in 1948 and trained as an Instrument Fitter. He served overseas at Ubon, Butterworth, Vietnam.



Keith, despite his advancing years, continued to be a regular attendee at RAAFVVA official and social functions. He will be sadly missed.

LEST WE FORGET

ON THE LIGHTER SIDE



EYE TEST: absolutely amazing!

Count every "F" in the following text: -

"FINISHED FILES ARE THE RESULT OF YEARS OF SCIENTIFIC STUDY COMBINED WITH THE EXPERIENCE OF YEARS."

How many did you see?

THERE ARE 6 -- no joke! READ IT AGAIN, and try to find all 6 F's before reading on.

The reasoning behind this is that the brain cannot process "OF". Incredible or what?

Go back and look again.

Anyone who counts 6 "F's" on the first go is a genius! Three "F's" is normal, and four is quite rare.

RETIREMENT BONUS

In the early '70s, when Gough Whitlam was PM, the Air Force found they had too many officers and decided to offer an early retirement bonus. They promised any officer who volunteered for Retirement a bonus of \$1,000 for every inch measured in a straight line between any two points in his body. The officer got to choose what those two points would be.

The first officer who accepted this offer asked that he be measured from the top of his head to the tip of his toes. He was measured at six feet and walked out with a bonus of \$72,000.

The second officer who accepted was a little smarter and asked to be measured from the tip of his outstretched hands to his toes. He walked Out with \$96,000.

The third one was a non-commissioned officer, a grizzly old Warrant Officer who, when asked where he would like to be measured replied,

"From the tip of my weenie to my testicles."

It was suggested by the pension man that he might want to reconsider, explaining about the nice big checks the previous two Officers had received.

But the old WO insisted and they decided to go along with him providing the measurement was taken by a Medical Officer. The Medical Officer arrived and instructed the WO to 'drop 'em,' which he did. The medical officer placed the tape measure on the tip of the WO's weenie and began to work back. "Dear Lord!", he suddenly exclaimed,

"Where are your testicles?"

The old Warrant Officer calmly replied, "Vietnam".



You Just Can't Trust Anyone!

A middle-aged, frumpy couple returned to a Mercedes dealership where the salesman there, had just sold the car they were interested in to a beautiful, leggy, busty blonde.

"I thought you said you would hold that car till we raised the \$195,000 asking price," said the man. "Yet I just heard you close the deal, for \$150,000 to that lovely young lady. You insisted there could be no discount on this model."

"Well, what can I tell you? She had the ready cash and, just look at her, how could I resist?" replied the grinning salesman. Just then the young woman approached the middle-aged couple and gave them the keys.

"There you go," she said. "I told you I would get the dope to reduce it. See you later, Dad."



I didn't make it to the gym today. That makes five years in a row.

Last year, I joined a support group for procrastinators. We still haven't met yet.

The biggest lie I tell myself is... "I don't need to write that down, I'll remember it."

No, I don't need anger management. I just need people to stop irritating me!



**TAX DEDUCTIBLE DONATIONS TO VIETNAM VETERANS ASSOCIATION
VICTORIAN BRANCH INC. AND AIR FORCE ASSOCIATION VICTORIA
WELFARE PATRIOTIC FUNDS**

DONATIONS

Donations made by members of the RAAF VVAA Victoria Sub-Branch or the Vietnam Veterans Branch of the Air Force Association Victoria are tax deductible. Donations made to either Association Sub-Branch/Branch must indicate the gift is specifically for welfare. (Renewal membership forms allow members to note their donation is for this purpose).

Donations received on this basis must be used for the welfare and support of veterans, and receipts will be issued for all donations over \$2.00 received. All money gifted for welfare purposes is welfare/veteran support directed, with your Associations and State Government accounting requirements strictly adhered to, and subject to annual audit.

If you wish to adopt either/both Associations as your family charity, just make your cheque donation payable to the preferred Welfare Patriotic Fund. For the RAAF VVAA Sub-Branch, forward your cheque to the Sub-Branch Treasurer. For the AFA Vietnam Veterans Branch, forward the cheque direct to the Association Office Manager, PO Box 1038, Hawthorn BC, Vic 3122. Your tax-deductible receipt will then be promptly returned. Remember, even the smallest donation is appreciated.

BEQUESTS AND LEGACIES

Making a Will is recommended, and is good asset planning. It provides you and those for whom you care with financial peace of mind, ensuring security for your family, and enables bequests to be made to Charities/Associations representing your on-going interests.

Bequests and Legacies are gifts of specified identified possessions or specified amounts of money gifted to an individual, group of people, or a charitable Organization or Association. Please consider the Vietnam Veterans Branch or Sub-Branch of your member Association as a preferred charity. Remember, it is possible that at some future time assistance sought from your Association will be for the benefit of yourself or your family.

VVCS - VETERANS and VETERANS FAMILIES COUNSELLING SERVICE

(A Service Founded by the Vietnam Veterans)

Normal Hours: 8640 8700

Crisis Line (after hours) 1800 011 046

DVA VICTORIA

Normal Hours: 133 254

Country/Regional: 1800 555 254

In Hospital or Convalescing at Home?

Like us to know about it and/or have someone to visit to assist or just chat?

Name:.....

Address:.....

Preferred Contact details:.....

Post or Email your request to the Secretary or give him a call on 9317 7304 and we will try and arrange a visit on your behalf.